## Winter 2020 / 21

The Friends of Lenzie Moss is a voluntary association dedicated to conserving the Moss for the benefit of present and future generations by all possible means: through education, liaison with official bodies, and appropriate environmental management.



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Christmas wreath-making 2018 LOOKING BACK We're still in the middle of a rather bleak time but hopefully we can look forward to better times ahead. Activities on the Moss are still in abeyance but we thought we should celebrate happier times by reminding ourselves of some of the activities over the

years. On this page we enjoy looking back at some of the children's activities.









Peat coring 2012

Not forgetting the adults, over the years we have enjoyed guided walks over the Moss about, • its history

its wild flowers

- its birdsong
- its medicinal plants
  - its fungi
  - its peat
- its conservation importance
  And just as important, the enjoyment of a simple walk with
  family and friends, or a seat to admire the view

Paul leading a group of Project Ability members on a guided walk 2015

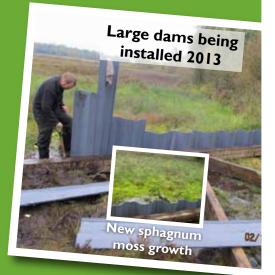












One of the smaller dams put in to slow down the water flow along the 20th century drainage channels

## CONSERVATION

**Conservation work on** the Moss is an ongoing activity, and we must pay tribute to the dedicated band of Rangers and volunteers who give their time and efforts to conserve Lenzie Moss for us all. Older members will recall "birch bashing" to curb the encroachment of birch saplings which dried out the Moss. These proliferated following the commercial extraction of peat between the end of WW2 and the mid 1960s. There is much more protection now with the advent of Scotland's National **Peatland Plan, which** recognises the value of peat bogs for storing greenhouse gases. **Extensive mechanical** birch clearing was undertaken in 2014 with a Grant from SNH, and dams have been installed to hold back rain water and regenerate the bog. Mature peat acts like a sponge and can hold 10 times its own weight, slowing down the rate of run-off. And of course we shouldn't forget the

shouldn't forget the hours and hours put in by volunteers and the Rangers to maintain the paths round the Moss, repair the boardwalk, and clear litter.













Over the years you've sent us many photos of the wildlife seen on the Moss: the deer, the birds, the amphibians, the flowers and the fungi. Plus, your photos of the Moss and the hills beyond; views which give us all pleasure. Lenzie Moss - an asset to treasure.





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